



# Personal Safety and Security Seminar

The seminar provides a foundation of personal safety, and situational awareness techniques, to be used throughout one's personal life and daily activities. The seminar focuses and discusses a myriad of personal safety considerations, techniques, and tools to be applied as they at home, in public, traveling, and daily life.

## **The seminar will discuss the following topics:**

- Psychology of Criminals
- Mental Preparedness
- Physical Security
- Home/Office Security
- Drug and Alcohol Awareness/Dangers
- Automotive Security
- Domestic Violence/Stalking
- Travel Security
- Information Technology Security
- Personal Protection Devices
- Workplace Security
- And much more!!!!*

**LEARN PERSONAL SAFETY SKILLS TO ASSIST YOU TO  
IDENTIFY THREATS AND YOUR ABILITY TO REFUSE TO BE  
A VICTIM IN YOUR DAILY LIFE**

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