

Developing a Personal and Home-Protection Plan

Protect what matters most with a comprehensive home and personal defense plan. Safeguard your loved ones and secure your home with sound and proven strategies, empowering you with the knowledge and tools to defend against potential threats. Gain peace of mind knowing that you are prepared for emergencies, equipped with a personalized defense plan for your unique needs and circumstances. Don't leave your safety to chance—learn how to develop a trusted defense plan to ensure a safe and secure environment for you and your family.

Discussions include:

Why have a plan?

Conflict avoidance

Situational awareness

Assess and understand your environment

Presence, appearance, and attitude

Home security and defense

Personal defense tools

Importance of mental exercises

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